



Vanessa Cornett

performer, educator, author, & performance coach

LMTA GUEST CLINICIAN

Master Class & Lecture

Clinician Vanessa Cornett will be on the University of Louisiana at Lafayette campus to present a master class and presentation as part of the Louisiana Music Teachers Association Annual State Conference.



Vanessa Cornett is the Director of Keyboard Studies and Professor of Piano and Piano Pedagogy at the University of St. Thomas in Minneapolis–St. Paul. She teaches applied piano, performance skills, piano pedagogy, keyboard literature, performance anxiety management for musicians, and contemplative practices in music education.

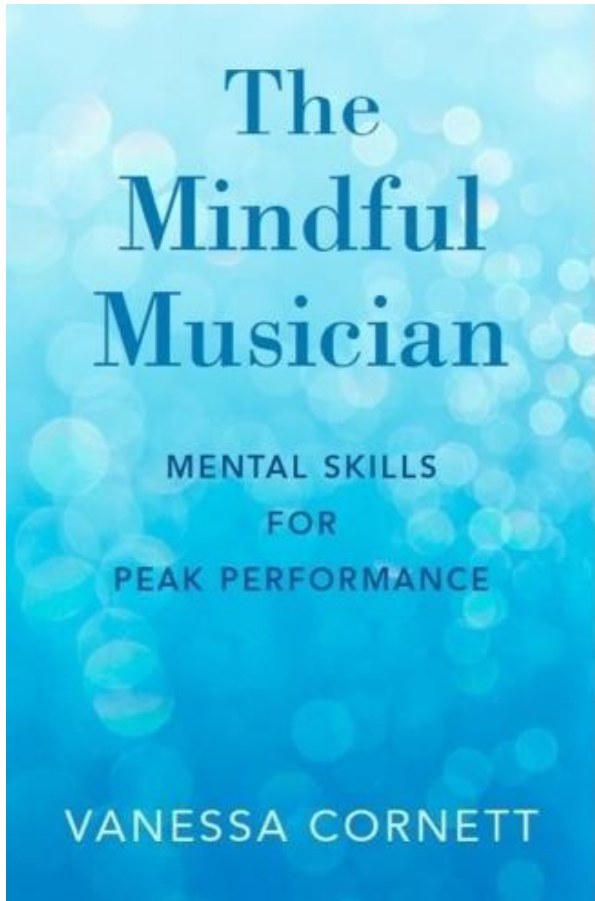
She is author of the book *The Mindful Musician: Mental Skills for Peak Performance* (Oxford University Press, 2019). Her other publications include papers in the *International Journal of Music Education*, *Journal of Contemplative Inquiry*, *Journal of Transformative Education*, *Journal of Undergraduate Neuroscience Education*, *Music and Politics*, *College Music Symposium*, *American Music Teacher*, *MTNA eJournal*, *Clavier Companion*, *The Canadian*

Music Teacher, and three chapters in the textbook *Creative Piano Teaching*.

She is a former senior editor for the *Piano Magazine*, and founder of the magazine's regular column on musician wellness.



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An international clinician and educator, she has presented workshops and masterclasses to music students and teachers in 24 of the United States and at venues in the U.K., Ireland, Finland, Serbia, Croatia, Lithuania, Greece, Spain, Argentina, Taiwan, Australia, New Zealand, Nigeria, and South Africa. A Fulbright U.S. Scholar for 2022-2023, she was an artist in residence at the Ankara University of Music and Fine Arts. She completed an earlier faculty residency in Turkey through the U.S. Embassy in Ankara in 2019. She presents frequently at national conferences of the Music Teachers National Association, the National Conference on Keyboard Pedagogy, and the College Music Society. She has also appeared at the World Piano Conference, International Society of Music Education World Congress, International Conference on Spirituality and Music Education, International Conference of the Arts in Society, Annual Symposium of the Performing Arts Medical Association, the Centre for the Study of International Governance, and the Nobel Peace Prize Forum.

A member of the Committee on Wellness for the Pianist for the National Conference on Keyboard Pedagogy, she is also involved in antiracism and DEI initiatives at the university, state, and national levels. She received outstanding teaching awards from the Music Academy of North Carolina and the University of North Carolina at Greensboro. She was honored with the UNCG Distinguished Alumni Award in 2018 and named the Jane Frazee Distinguished Scholar-Artist at the University of St. Thomas in 2021. Dr. Cornett earned the DMA degree in piano performance and literature from the University of North Carolina at Greensboro. She earned the MM in piano pedagogy and BM in piano performance from West Virginia University, and she holds additional post-graduate certifications in sport psychology and occupational ergonomics. She is a certified meditation instructor with a special interest in performance anxiety management for musicians. Her current research focuses on contemplative practices, sport psychology, peak performance, and the mental health of musicians.